



The First Ten Plays

Preparing for Blizzards*

- Stock a “Blizzard” kit with warm clothes and blankets, consider stocking your Blizzard Kit with the following: batteries, flash lights, battery operated radio/television, bottled water, toilet paper, nonperishable foods such as cereal or crackers, canned goods, a non electric can opener, a small cooler, candles, medications, baby formula, and food for pets. Keep additional emergency warm clothing ready and accessible when there are warnings of blizzard conditions.
- Prepare for potential power outages. Keep your candles, matches or lighters in a safe and easily accessible place for adults.
- Have alternative heat sources available if you depend on electricity or wood you won't be able to reach.
- Store and use food staples like powdered milk and protein bars if power is out. Have bottled water also available for at least 1 gallon per person per day.
- Stay indoors as much as possible. Don't venture out unless it is for short distances and you can safely return to the safety of the indoors.
- Prepare for blocked or inaccessible roads. Avoid all unnecessary road travel. If you are caught in the storm find a safe place to stop like a hotel or motel, or even a truck stop. Don't be fool hardy and venture forward alone when other traffic has stopped.
- If your car is stranded try to stay with your car as long as you can, and keep covered in warm clothes and blankets. Be very careful about keeping the motor running as the car exhaust beneath the car body can be blocked, backing dangerous carbon monoxide fumes into your car. Run the engine, if you have to, for a few minutes at a time, and leave a window cracked open to ensure fresh air. Never, ever go to sleep with the engine running.
- Keep things for the kids to do and keep them busy. Give them assignments to help out in the blizzard. There may not be any television, Internet, or access to friends. Make sure you have extra batteries for your cell phones and get a charger you can use from your automobile.
- Get snow removal equipment ready before the blizzard hits
- Get a back up generator for your home if you require electric power and have frequent interruptions, especially if you are on life safety equipment.

*** These are not listed in order of importance but as a group of materials that will increase the possibility of positive outcomes.**

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